



Early Years Ottawa South News

Word from our Program Supervisor

Winter 2011

The last year has been quite busy for the employees at our Early Years Centre. We came together as a team to assess all of our programs and the way in which we deliver services to ensure we continue to support and meet the needs of our Ottawa South Families. Many of our team members participated in professional development such as Infant Massage, Mother Goose Child and Parent Program and Literacy Fun for Families to name just a few. All employees will also be getting some training in the coming months on implementing the Early Learning for Every Child Today provincial framework that was developed for use in all early learning settings. The use of this guide when programming within our drop-in playgroups will allow us to focus on the child's continuum of development. Our objective will be on providing even more opportunities for children to build on their abilities and skills in all domains of their development.

If you have any comments or questions about any of our programs or services, please feel free to contact me.

Kathy Knight-Robinson, RECE
Program Supervisor

Ontario Early Years Centres



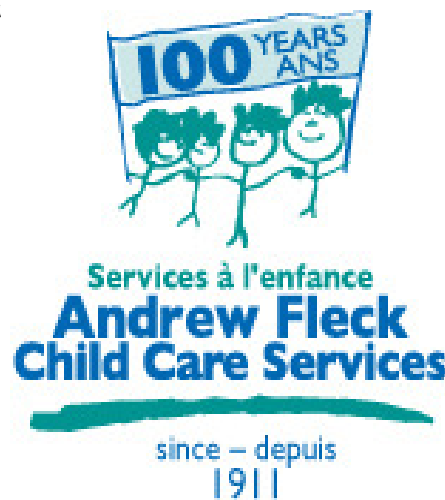
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Community Corner

The Ontario Early Years Centre Ottawa South is a program of Andrew Fleck Child Care Services. Andrew Fleck Child Care Services is one of the oldest and most diversified non-profit, charitable, multi-service early learning, child care and family support organizations in Ontario. In fact, the agency is celebrating 100 years of service this year.

To share a story about your experiences with our agency or to sign up for information on upcoming celebration events, please visit the "Celebrating 100 years" on Andrew Fleck Child Care Services' website at www.afchildcare.on.ca/phpafcc/index.php.



UPCOMING ADULT WORKSHOPS!

***Baby Sign With Me! – Wednesday March 16th, 2011 6:30 – 8:30 PM
(2330 Don Reid Drive)***

Come and learn basic everyday signs that you can use to help encourage your baby's language development.

***Make and Take: Exploring our 5 senses– Wednesday March 23, 2011
6:30 – 8:30 PM (2330 Don Reid Drive)***

Join an Early Years Educator in creating games and activities that focus on exploring the five senses of touch, sight, smell, taste and sound.



Check out our workshop calendar at www.afchildcare.on.ca for other training opportunities!



Helping Hands: Our OEYC volunteers

We presently have five volunteers at the OEYC:

Heather, Hiba, Lama, Hana, and Benata.



As the Volunteer Coordinator, I would like to take this opportunity to thank all of you for your great work and commitment.

Your contribution is a great asset to our programs.

Thank you!

Julie Fréreault

Toy Lending Library

Our toy lending library has a wide variety of toys for children from birth to age 6. Borrowing high quality toys is a great way to enhance children's play at home.

Here are three toys to try:



#253 Discovery Box



#1014 Zebra 3-in-1



#557 World Puzzle

Children's Yoga by Maria

It has been very exciting to be able to offer Children's Yoga at the OEYC Ottawa South. A 6 week yoga session for children ages 3-6 was delivered at Blossom Park, one of our off-site locations.

Yoga helps children increase their self-awareness, builds self-esteem, and strengthens their bodies.

The children enjoyed going on yoga adventures through animal poses and other nature poses. They also practiced some partner yoga with a parent/caregiver. Guided imagery during deep relaxation was well received as the children lay on their mats with blankets.

Yoga is an excellent family activity that allows children and adults to learn, move and have fun!



Maria Neves-Pantano (RECE) is a certified instructor for Radiant Child Yoga 1 & 2

Song to Sing



"I'm a Little Snowman Round & Fat"
(sung to the tune "I'm a little teapot")

I'm a little snowman round & fat
(children stand make round belly with arms outstretched)

Here are my eyes & here is my hat (point to eyes, tap head for hat)

When I get all warmed up (rub arms)

See me melt (slowly sink to the floor)

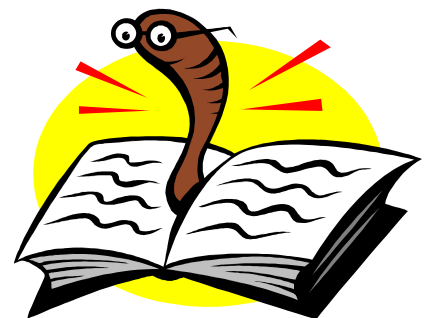
This song was submitted by Betty, one of our part-time support workers.

Resource Library

Did you know that the OEYC has a great selection of books that adults and children can borrow, free of charge? Come by the reception area before, after or during playgroups to browse and see some of the new titles that have been added to our collection.

Here are a few good titles:

- Give Me, Get Me, Buy Me - Donna Corwin
- Double Delicious! - Jessica Seinfeld
- You Read to Me, I'll Read to You - Mary Ann Hoberman
- Rules of the Wild - Bridget Levin



Reading aloud to children is the best way to get them interested in reading. Before long they will grow to love stories and books..

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[oeycenterj-e.html](http://www.afchildcare.on.ca/oeycenterj-e.html)

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The Ontario Early Years Centre Ottawa South is a place for children aged 0–6, their parents and caregivers to take part in programs and activities together. Parents and caregivers can also get information about services available to them in the community, learn about their children's development and get answers to their questions. At the Ontario Early Years Centre Ottawa South, our focus is on helping families give their young children the best start in life. All of our services are free of charge and they are available in English and in French.



On January 20th, 2011, the OEYC received a visit from Premier Dalton McGuinty. He had the opportunity to see our Don Reid playgroup in action and speak with parents as well as employees.

**PLEASE NOTE:
The OEYC and all its off-site
programs will be closed on
April 22nd, 23 rd and 25th for the Easter
holiday.**